



## Restrictions on movement in Poland

### New rules from 25 March 2020

Amendments to the [Regulation Declaring a State of Epidemic in the Republic of Poland](#) were introduced on 25 March 2020, under which, between 25 March and 11 April 2020, persons are prohibited from moving about in Poland, with certain exceptions, such as:

- Commuting to and from work (performance of professional or official activities)
- Volunteerism
- Arranging essential matters of everyday life.

The regulation does not expressly introduce any restrictions affecting employees' activity in performing their duties.

But when moving about as permitted under these exceptions, the following rules must be complied with:

- In the case of moving about on foot, no more than two persons may walk together, at least 1.5 meters apart.
- In the case of travel by public transit, the maximum number of passengers will be equal to half the number of seats in the vehicle.

Gatherings have also been prohibited, but on this issue as well the ban does not affect employees' access to their workplace. The restrictions on gatherings do not apply to meetings connected with performance of professional or official duties.

Additionally, along with presentation of the new regulations, the government stressed that within the workplace, the guidelines issued by the Chief Sanitary Inspector on maintaining distance between employees (1.0–1.5 m) and disinfection measures should be followed in particular.

### Get in touch



**Dr Dariusz Aziewicz**  
Attorney-at-law  
Competition lawyer

T: +48 22 50 50 738  
dariusz.aziewicz  
@eversheds-sutherland.pl

**[eversheds-sutherland.pl](http://eversheds-sutherland.pl)**